

Are you good to go?

Who will make decisions when you can't?

What treatments do you or don't you want at the end of life?

Do you have an Advance Care Plan?



Advance Care Planning Workshop in Busselton

U3A Naturaliste Topical Talk

When: Friday 8th June, 1pm—4pm

Where: The People Place, 19-21 Kent St, Busselton

RSVP: Email admin@u3anaturaliste.com.au or phone Joan on 9752 4769 or 0410 667696.

Please RSVP by 6th June as there is a limit of 50 participants in this interactive workshop.

Cost: Gold coin donation

Workshop presented by Palliative Care WA

U3A NATURALISTE - ADVANCE CARE PLANNING WORKSHOP

Over 80% per cent of Australians think it is important to put our end-of-life care treatment preferences into writing, but less than 5% of us have completed an advance care plan.

Palliative Care WA has designed an interactive community workshop to help people to plan ahead and let their families and health care providers know what they would want if they could no longer speak for themselves.

Who should attend?

The workshop is free and open to all community members, regardless of age or health conditions.

What is covered?

- What is advance care planning?
- How to have a conversation about death and dying with your family, loved ones and health care providers.
- Exploring your values and what you want at end of life
- Palliative Care -What is palliative care & when should it be offered?
- Up to date information on organ and tissue Donation in WA
- What are the health and lifestyle choices you can make at the end of life?
- How to make an Advance Health Directive, Enduring Power of Guardianship and Enduring Power of Attorney.

What attendees say about the workshop:

"Thank you for the great information - so informative, well presented and free!"

"Definitely recommend to friends and family"

"Overall excellent, information was comprehensive. I got what I needed"

"What I need to do to ensure I am happy with my future"

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